



# Northeast Aboriginal Resource Guide

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*March 2016*

*"Dane wuujo ghadaa"*

*"People Living Good" in Beaver*



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# Introduction

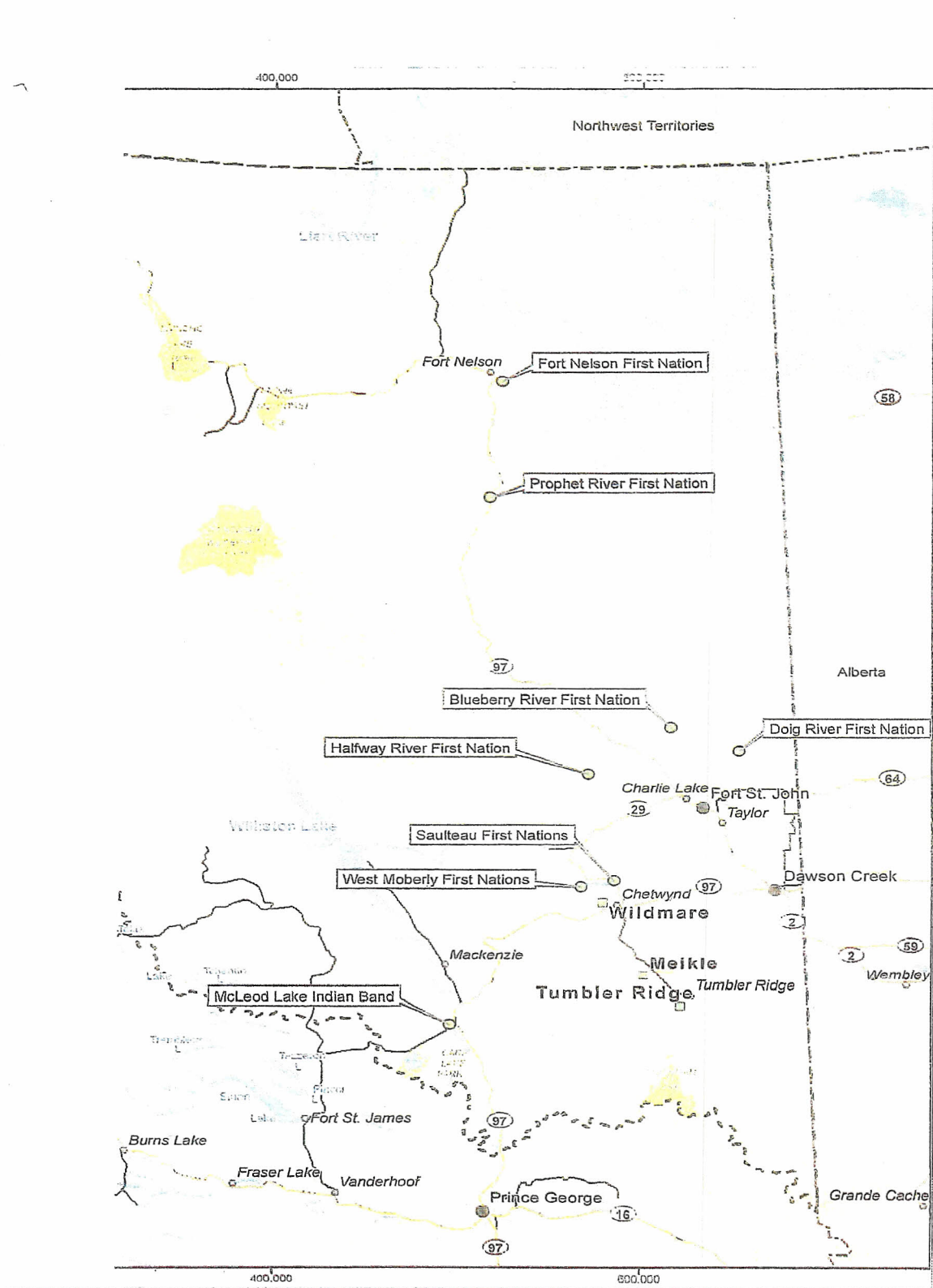
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This document was created for health care providers in the Northeast BC region. This was developed to give health care providers an understanding of what health services are offered in each First Nations community. The intention of this is to support hospital staff with discharge planning for patients to return back to community with as much support as possible.

Each community is diverse with the services that are being offered. Some communities have several services and others are very limited. It is essential for workers to know what is available in communities so that a proper discharge plan can be created to support the patient in community. It is helpful to know the discharge date so that families can arrange for transportation to return home. Many of the communities are in rural areas quite a distance out of town and it can be difficult to secure transportation for some.



# Map of Northeast British Columbia





# Doig River First Nation

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Health Director: N/A

Language: Beaver

Community Health Rep: Margaret Davis

Distance from FSJ: 80 km

Hours of Service: 9:00-4:30 Monday-Thursday

Phone: 250-827-3776

Fax: 250-827-3778

Services	Availability
Physician Clinic	Twice a month
First Nations Health Authority Nurse	1-2 visits a week
Patient Travel	Monday-Thursday 9-4:30
Drug and Alcohol Counsellor	Twice monthly
Youth Mental Health Clinician	When needed
Family Support worker	Monday-Friday 9-4:30
Flu Shot Clinic	Once a year
Counselling	Once a week
Optometry Clinic	Once a year
PAP Clinic	Once a year





# Blueberry River First Nation

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Health Director: Tammy Baskin

Language: Beaver and Cree

Community Health Rep: Lillian Apsassin

Distance from FSJ: 87 km

Hours of Service: 9:00-4:30 Monday-Friday

Phone: 250-630-2800

Fax: 250-630-2588

Services	Availability
Physician Clinic	Twice a month
First Nations Health Authority Nurse	1-2 visits a week
Family Support Worker	Monday-Friday 9-4:30
Patient Travel	Monday-Friday 9-4:30
Home visits	Monday-Friday 9-4:30 (when needed)
Mobile Optometry clinic	Once a year
Youth Mental Health Clinician	Once a week
Counselling	Twice a month
Meals on Wheels	Monday-Friday
Homemaking	Monday-Friday
First Responder Program	7 days a week
Flu Shot Clinic	Once a year
PAP clinic	Once a year



# Halfway River First Nation

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Health Director: Corrie Peeman

Language: Beaver

Community Health Rep: Francis Field

Distance from FSJ: 110km

Hours of Service: 9:00-4:30 Monday-Friday

Phone: 250-772-5059

Fax: 250-772-5117



Services	Availability
Physician Clinic	Twice a month
First Nations Health Authority Nurse	1-2 visits a week
Patient Travel	Monday-Friday 9-4:30
Youth Mental Health Clinician	Once a week
Drug and Alcohol Counsellor	Twice a month
Flu Shot Clinic	Once a year
PAP Clinic	Once a year



# Prophet River First Nation

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Health Director: Kelvin Fehr

Language: Beaver

Community Health Rep: Donna Tsakoza

Distance to Fort Nelson: 100 km south of FN,  
292 km from FSJ

Hours of Service: 9:00-4:30 Monday-Friday

Phone: 250-773-6555

Fax: 250-773-6556



Services	Availability
Physician Clinic	
First Nations Health Authority Nurse	
Patient Travel	Monday-Friday 9-4:30
Youth Mental Health Clinician	When needed
Social Worker	3 days a week
Home Support	As needed



# Fort Nelson First Nation

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Health Director: Roberta Dendys

Language: Dene and Cree

Community Health Rep: Lorraine Behn

Distance from FN: 7 km, 4 hours from FSJ

Hours of Service: 9:00-4:30 Monday-Friday

Phone: 250-774-2300

Fax: 250-774-7989

Services	Availability
Physician Clinic	
Registered Nurse	Vacant position
Patient Travel	Monday-Friday 9-4:30
Youth Mental Health Clinician	When needed
Counsellors	Monday-Friday 8:30-4:30
Flu Shot Clinic	Once a year
Home Support	Every day 8:30-4:30
Home Care Aids	Every day evenings
Family Support Worker	Monday-Friday 8:30-4:30
Youth Support Worker	Monday-Friday 8:30-4:30
Optometry clinic	Once a year



# Saulteau First Nation

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Health Director: Cindy Obrien

Language: Cree and Saulteau

Community Health Rep: Iris Montigny

Distance from Chetwynd: 25 kms, 1.5 hours  
from FSJ

Hours of Service: 8:00-4:30 Monday-Friday

Phone: 250-788-7280

Fax: 250-788-7251

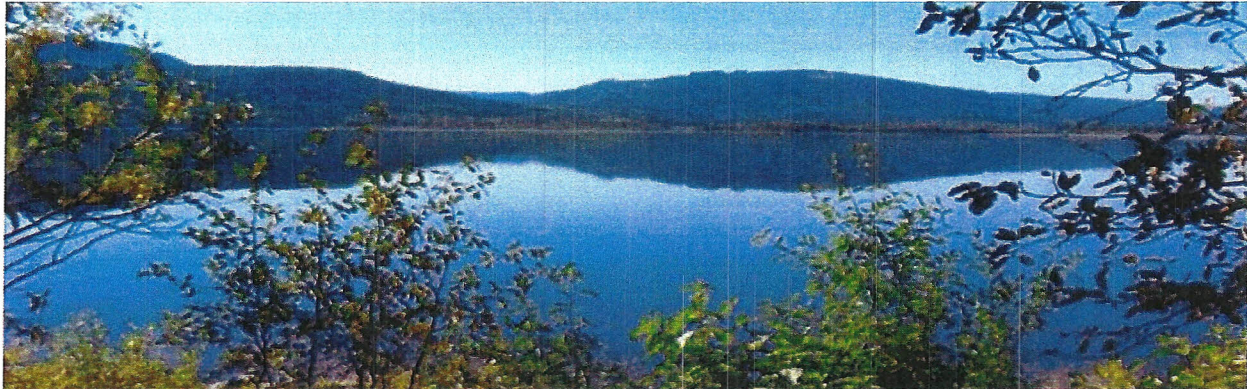
Services	Availability
Physician Clinic	Once a week
Community Health Nurse	Monday-Friday 8-4:30
Community Health Rep	Tuesday-Wednesday 8-4:30
Patient Travel	Monday-Friday 8-4:30
Mental Health and Addictions Worker	Monday-Friday 8-4:30
Home Support	Mondays & Thursdays 8-4:30
Home Care Nurse	Monday-Friday 8-4:30
Family Support Worker	Monday-Friday 8-4:30
Home Making	Monday-Friday 8-4:30
Family Life Skills Worker	Monday-Friday 8-4:30
Optometry clinic	Once a year
Foot Clinic	Once every 2 months
Acupuncture	Once every 2 months





# West Moberly First Nation

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Health Director: Patricia Hoard

Language: Cree and Beaver

Community Health Rep: Vacant

Distance from Chetwynd: 30 kms, 1.5 hours  
from FSJ

Hours of Service: 8:00-4:30 Monday-Friday

Phone: 250-788-3622

Fax: 250-788-9792

Services	Availability
Physician Clinic	Can access Sauleau Physician Clinic
Registered Nurse	Twice a month
Patient Travel	Monday-Friday 8-4:30
Youth Mental Health Clinician	When needed
Flu Shot Clinic	Once a year
Home Support	Twice a week
Family Support Worker	Monday-Friday 8-4:30
Optometry clinic	Once a year



# Aboriginal Organizations

## Fort St John

- FSJ Friendship Center 250-785-1541
- FSJ Metis Society 250-785-1541
- North East Native Advancing Society (NENAS) 250-785-0887
- Nenan Dane zaa Deh Zona Children and Family Services 250-785-2151
- Native Court worker 1-877-811-1190 ext. 376
- Treaty 8 Tribal Association 250-785-0612
- FSJ Native Housing Society 250-785-4900
- First Nations Health Authority (FNHA) 1-866-913-0033

## Dawson Creek

- Nawican Friendship Center 250-782-5202
- Aboriginal Family Services 250-782-1169
- Dawson Creek Metis Society 250-782-2710
- Nenan Dane-zaa Deh Zona Children and Family Services 250-787-2151

## Chetwynd

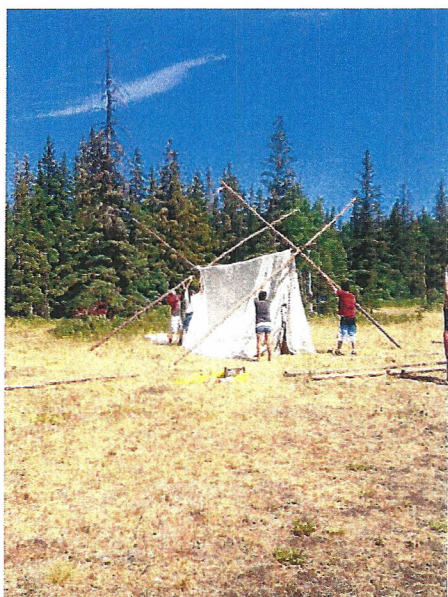
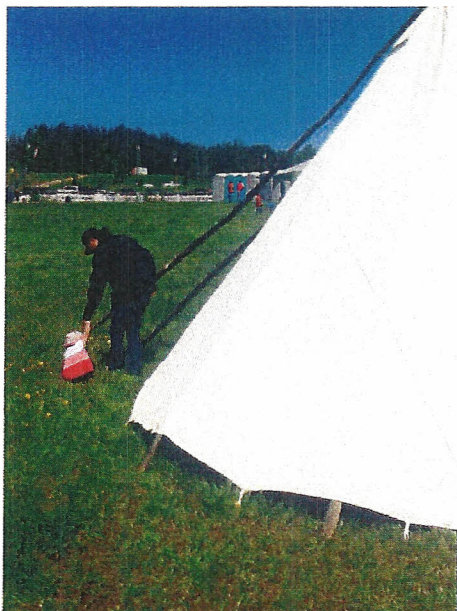
- Tansi Friendship Center 250-788-2996

## Fort Nelson

- Fort Nelson Aboriginal Friendship Society 250-774-2993
- Nenan Dane-zaa Deh Zona Children and Family Services 250-787-2151

# Photos

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# Photo Credits

Cover: Teepees near Fort St John (C.Brinkworth)

Pg. 3 Photo of Doig River First Nations Drummers at Bear Flats, 2015.

<http://www.theglobeandmail.com/news/british-columbia/site-c/article26154330/>

Pg. 4 Map of Northeast BC. Provided by Treaty 8 First Nation, 2015.

Pg. 5 Teepees around our Dreamers Dance circle. Doig River Cultural Grounds, July, 2004. Catalog # Teepees.") [http://www.virtualmuseum.ca/sgc-cms/expositions-exhibitions/danewajich/english/project/gallery\\_drfn.php](http://www.virtualmuseum.ca/sgc-cms/expositions-exhibitions/danewajich/english/project/gallery_drfn.php)

Pg. 6 Teepees at Blueberry Culture Camp. Pink Mountain, August 2015.

<http://blueberryfn.com/pictures-2/>

Pg. 7 Trees at HRFN. Halfway River First Nation, 2015. <http://hrfn.ca/>

Pg. 8 Prophet River, 2013. <http://loreensuhrelections.ca/project/prophet-river-first-nation-december-2013/>

Pg. 9 Arbor at Fort Nelson First Nation, 2014. <http://www.fortnelsonfirstnation.org/gallery.html>

Pg. 10. Teepees at Saulteau First Nation Band Hall. Saulteau First Nation, 2012.

[https://www.facebook.com/sfn.communications/photos\\_stream?ref=page\\_internal](https://www.facebook.com/sfn.communications/photos_stream?ref=page_internal)

Pg. 11 Moberly Lake, 2015. <http://www.westmo.org/>

Pg. 13 Doig Day. 2015. Photo by Alisa Froh

Fort Nelson Hand Games. 2015. Photo by Alisa Froh

Fort Nelson Arbor. 2015. Photo by- Alisa Froh

Nenan Youth and Elders Gathering. 2015. Photo by –Alisa Froh

Moberly Lake. 2015. Photo by Alisa Froh

Made by: Brittany Brinkworth- North Peace Aboriginal Patient Liaison